## Adult City League Basketball Rules and Regulations

Sponsored By: Richland Center Parks & Recreation Department

## Scoring and Timing Rules

- Two (2) Twenty minute halves, the clock will only stop for injuries, timeouts, and in the last two minutes of each half unless team is up by twenty (20) points or more.
- Five minute halftime.
- Overtime- One (1) Two minute period or continue if needed. Clock will stop as like regular game.
- Timeouts- Three (3) full 45 second timeouts per game.
- Clock to start no later than five minutes after scheduled game time unless delayed by a previous overtime.
- The Official Scorebook will at the scoring table.

## **Game Rules**

- All players must be in High School or older to play in the league. No High School basketball players allowed until season is over. (WIAA regulations)
- No more than 12 players per roster. All players must be listed on team roster and pay league fees.
- You must have 4 players to start a game.
- A player must play a minimum of 3 games before they can play in the season end tournament.
- Any type of Defense is allowed. No full court press allowed if ahead by twenty (20) points or more.
- Each player is allowed five (5) fouls. Bonus shot on the 7<sup>th</sup> foul and double bonus on the 10<sup>th</sup> foul.
- You can play free throws on release of the ball.
- Technical, intentional and flagrant fouls- Two (2) points plus possession. Foul language, rowdy or dangerous behavior and poor sportsmanship from players and fans will not be tolerated.
- After (1) one technical or flagrant foul from any player during a game you may be dismissed from the game.
- After (2) two technical or flagrant fouls from a player within the season will result in the player being ejected from the game and permanent suspension for the year.
- Possession and jump ball- Jump ball to start game and overtime periods, alternating possessions thereafter.
- All other WIAA rules apply.