



GYM SCHEDULE - JULY 2025

Open Walking / Open Gym / Open Pickleball - times subject to change

SUN	MON	TUE	WED	THU	FRI	SAT
		1 Gym: 6-7am Walk: 8-9am Rec Programs Walk: 10-12pm Rec Programs Gym: 3-4:30pm	2 Gym: 6-7am Walk: 7-12pm Rec Programs Gym: 3-4:30pm	3 Gym: 6-7am Walk: 7-9am Rec Programs Walk: 10-12pm Rec Programs Gym: 3-4:30pm	4 Happy 4 th Of July! CLOSED	5 CLOSED
6 CLOSED	7 Walk: 8-8:30am Adult Easy Play Pickleball: 8:30-10am Walk: 10-12pm Rec Programs Gym: 3-4:30pm	8 Walk: 8-9am Rec Programs Walk: 10-12pm Rec Programs Gym: 3-4:30pm	9 Walk: 8-12pm Rec Programs No pm gym Kiwanis Club Pancake Supper	10 Walk: 8-9am Rec Programs Walk: 10-12pm Rec Programs Gym: 3-4:30pm	11 Walk: 8-8:30am Adult Easy Play Pickleball: 8:30-10am Walk: 10-1pm Gym: 1-4:30pm	12 CLOSED
13 CLOSED	14 Walk: 8-8:30am Adult Easy Play Pickleball: 8:30-10am Walk: 10-1pm Gym: 1-4:30pm	15 Walk: 8-9am Rec Programs Walk: 10-1pm Gym: 1-4:30pm	16 No open walking/gym Blood Drive	17 Walk: 8-9am Rec Programs Walk: 10-1pm Gym: 1-4:30pm	18 Walk: 8-8:30am Adult Easy Play Pickleball: 8:30-10am Walk: 10-1pm Gym: 1-4:30pm	19 CLOSED
20 CLOSED	21 Walk: 8-8:30pm Adult Easy Play Pickleball: 8:30-10am Walk: 10-12pm Rec Programs Gym: 3-4:30pm	22 Walk: 8-9am Rec Programs Walk: 10-12pm Rec Programs Gym 3-4:30pm	23 Walk: 8-12pm Rec Programs Gym: 3-4:30pm	24 Walk: 8-9am Rec Programs Walk: 10-12pm Rec Programs Gym 3-4:30pm	25 Walk: 8-8:30am Adult Easy Play Pickleball: 8:30-10am Walk: 10-1pm Gym: 1-4:30pm	26 CLOSED
27 CLOSED	28 Walk: 8-8:30am Adult Easy Play Pickleball: 8:30-10am Walk: 10-1pm Gym: 1-4:30pm	29 Walk: 8-9am Rec Programs Walk: 10-1pm Gym: 1-4:30pm	30 Walk: 8-1pm Gym: 1-4:30pm	31 Walk: 8-9am Rec Programs Walk: 10-1pm Gym: 1-4:30pm		