

All Meals include White or Low-Fat Chocolate Milk. Lactose Free available by Request.

September 2026

Richland County Senior Dining

Senior Dining



Fellowship, Food & Fun

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Roast Turkey Dressing w/Gravy Mixed Vegetables Pumpkin Bar Cranberries	2 Salisbury Steak w/Gravy Mashed Potatoes Carrots Pears WW Roll	3 Chicken Tetrazzini Broccoli Tropical Fruit Garlic Toast	4 Brat w/Kraut on WW Bun Baked Beans Lettuce Salad w/Drsg Whole Apple
7 Labor Day Closed	8 Beef Patty w/Gravy Mashed Potatoes Green Beans Mandarin Oranges WW Roll	9 Grilled Chicken Breast Cheesy Potatoes Peas & Carrots Peaches WW Roll	10 Pork Loin Squash Calico Beans Mixed Fruit WW Roll	11 Baked Fish w/Tartar Sauce Baked Potato w/Sour Cream California Blend Veg. Apple Slaw WW Roll
14 Stuffed Chicken Breast Sweet Potato Broccoli Tropical Fruit WW Roll	15 Beef Tips w/Mushroom Gravy Mashed Potatoes Cut Green Beans Peaches WW Roll	16 Cube Steak w/Tomatoes Baby Red Potatoes Pears WW Roll	17 Kielbasa w/Kraut Baby White Potatoes Carrots Fruit Cocktail WW Roll	18 Hamburger Patty on Bun Roasted Potatoes 3 Bean Salad Banana
21 Chicken Leg & Thigh Mashed Potatoes w/Gravy Baby Carrots Applesauce WW Roll	22 Italian Rigatoni Broccoli Pears Garlic Toast	23 Chicken Fried Rice w/Vegetables Egg Roll Pineapple Fortune Cookie	24 Sloppy Joe w/Lentils On WW Bun Au Gratin Potatoes Pistachio Salad w/fruit	25 Baked Fish w/Tartar Sauce Sweet Potato French cut Beans Orange WW Roll
28 Baked Ham Squash Baked Beans Peaches WW Roll	29 Egg Scramble w/Pepper & Onion Hashbrowns Mandarin Oranges Blueberry Muffin	30 Tater Tot Hot Dish w/green beans Corn Tropical Fruit WW Roll	Comments, Questions or Concerns Please call the Nutrition Program at 608-647-4616	

All menu items are prepared in kitchens that are not allergen-free. We cannot guarantee that food allergens will not be transferred through cross-contact and thus cannot offer a substitution item.

Richland County Meal Sites

Germantown 608-983-2786/608-983-2798

Richland Center 608-647-2323

Rockbridge 608-649-3269/608-647-3900

Reservation Required please call 1 business day prior.

