

All Meals include
White or Low-Fat
Chocolate Milk.
Lactose Free
available by Request.



May 2026

Richland County Senior Dining

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Richland County Meal Sites Germantown 608-983-2786/608-983-2798 Richland Center 608-647-2323 Rockbridge 608-649-3269/608-647-3900</p> <p>Reservation Required please call 1 business day prior.</p>				1 Baked Cod w/Tartar Sauce Baked Potato w/Sour Cream Peas & Carrots Apple Sauce WW Roll
4 Hamburger Stroganoff w/Mushrooms Broccoli Peaches WW Roll	5 Chicken Breast Mashed Potatoes w/Gravy Hot Beets Pears WW Bread	6 Sweet & Sour Pork over White Rice Oriental Vegetables Mandarin Oranges Fortune Cookie	7 Tator Tot Casserole w/Green Beans Steamed Carrots Mixed Fruit WW Roll	8 Chicken Salad on Croissant Veggie Ranch Pasta Salad Fresh Melon
11 Rotini w/Meat Sauce Lettuce Salad w/Dressing Buttered Corn	12 Sloppy Joes on WW Bun Baked Beans Coleslaw Cookie	13 Roast Pork Loin Mashed Potatoes w/Gravy Green Beans Mixed Fruit WW Roll	14 Baked Chicken Sweet Potato Bake Brussel Sprouts Apple Slices WW Roll	15 Baked Cod Loin w/Tartar Sauce Redskin Potatoes Broccoli Pineapple WW Roll
18 Kielbasa w/Sauer Kraut Baby White Potatoes Apricots WW Roll	19 Chicken Alfredo California Blend Veggies Mixed Fruit Bread Stick	20 Sliced Ham Au Gratin Potatoes Broccoli Spears Peaches WW Roll	21 Hamburger Steak in Mushroom Gravy Mashed Potatoes Baby Carrots Pears WW Roll	22 Sloppy Joe on a Bun Roasted Potatoes Calico Beans Tropical Fruit
25 <p style="text-align: center;">CLOSED MEMORIAL DAY</p>	26 WW Spaghetti in Meat Sauce Lettuce Salad w/Dressing Garlic Bread Banana	27 Monterey Chicken Breast Rice Pilaf Mixed Vegetables Pineapple BB Brownie	28 Pot Roast w/Gravy Baby White Potatoes Carrot Coins Fruit Cocktail WW Roll	29 Tuna Casserole w/Peas Broccoli Peaches

All menu items are prepared in kitchens that are not allergen-free. We cannot guarantee that food allergens will not be transferred through cross-contact and thus cannot offer a substitution item.

Comments, Questions or Concerns Please call the Nutrition Program at 608-647-4616

