



All Meals include White or Low-Fat Chocolate Milk. Lactose Free available by Request.

August 2026

Richland County Senior Dining

Monday	Tuesday	Wednesday	Thursday	Friday
3 Chicken Cordon Bleu Rice Pilaf Baby Carrots Pineapple BB Brownie	4 Pork Chops Scalloped Potatoes Warm Beets Apple Sauce WW Roll	5 Creamy Lemon Garlic Chicken Mashed Potatoes Asparagus Watermelon WW Roll	6 Spaghetti w/Meatballs Italian Blend Veggie Garlic Toast Apricots	7 Baked Cod w/Tartar Sauce Baked Potato w/Sour Cream Cut Green Beans Pears WW Roll
10 Ring Bologna Mac-N-Cheese Peas & Carrots Fruit Salad Ice Cream Cup	11 Lasagna Cauliflower Garlic Bread Stick Tropical Fruit	12 Grilled Chicken Breast w/Sauce Mashed Potatoes Broccoli 5 Cup Fruit Salad WW Roll	13 Hamburger Stroganoff Baby Carrots Peaches WW Roll	14 Pulled Pork on WW Bun Roasted Potatoes Baked Beans Apple Slices
17 Hamburger Steak Mashed Potatoes w/Gravy Peas Pears WW Roll	18 Roast Pork Loin Scalloped Potatoes Corn Spiced Apple Rings WW Roll	19 Baked Chicken Stuffing w/Gravy Mixed Vegetables Cranberries Carrot Cake	20 Cheeseburger Casserole Carrots Fruit Cup	21 Rockbridge Meal Site Closed Baked Cod w/Tartar Sauce Sweet Potato Broccoli Spears Mandarin Oranges WW Roll
24 Pot Roast Mashed Potatoes w/Gravy Baby Carrots Peach Crisp WW Roll	25 Chicken Chow Mein Over Rice Chow Mien Noodles Pineapple Chunks Fortune Cookie	26 Cube Steak Baby Potatoes w/Cream Sauce Cut Green Beans WW Roll	27 Tater Tot Casserole Hot Beets Tropical Fruit WW Roll	28 Turkey & Cheese on Croissant, Lettuce, Tomato, and Mayo 3 Bean Salad Chunky Applesauce
31 Scalloped Potatoes & Ham Green Beans Mandarin Oranges WW Roll	Richland County Meal Sites Germantown 608-983-2786/608-983-2798 Richland Center 608-647-2323 Rockbridge 608-649-3269/608-647-3900 Reservation Required please call 1 business day prior.			

All menu items are prepared in kitchens that are not allergen-free. We cannot guarantee that food allergens will not be transferred through cross-contact and thus cannot offer a substitution item.

Comments, Questions or Concerns Please call the Nutrition Program at 608-647-4616